



Danish Masters open

31. Aug – 1. Sep 2024

Esbjerg Atletik og Motion og Dansk Atletik inviterer hermed til

De Danske Mesterskaber for Masters Atleter.

Sted: Esbjerg Atletik & Motion, Gl. Vardevej 84, 6700 Esbjerg

Esbjerg atletik og motion og Dansk atletik invites you to the Danish Championship for Masters.

Foreign participants are welcome to participate in the championship outside the competition. Foreign participants cannot take places from Danes in finals.

Foreign participants cannot get medals.

Exercises

Saturday 31.8- start at 12:00	Sunday 1.9 - start at 10:00
100 m, 400 m, 1,500 m, obstacle course, short hurdles, pole vault, long jump, javelin, hammer throw, weight throw, 3,000 m race and 1,000 m relay New attempt too DM 4x100 m	200 m, 800 m, 5,000 m, long hurdles, high jump, 3-jump, discus throw, and shot put New attempt too DM 4x100 m

10000 m. is not a exercise in this competition, it was in Allerød.

Registration via Roster <https://meets.rosterathletics.com> latest 23. August 2024.

DM Masters Esbjerg

Start fee: 165 kr. pr. exercise (22,12 euro), Relayteam 200 kr. Pr. team (27 euro). All participants pay by Roster.

Communal dinning: There will be communal dinning Saturday evening in the clubhouse and in pavilions Gl. Vardevej 84, 6700 Esbjerg after the event. First come, first served. Price 200 kr. (27 euro)

Pay 200 kr. (27 euro) by mobilepay 273736 with name and club latest 23. August 2024

You can buy drinks, beer-wine and sodas for the food.

NB. NB. NB.

To advance the danish participation by the international championships, we try to make a 4x100 m relay. It is only aloud to participate men or women (No mix m/f).

The result will not count for the Danish championship.

Questions? Kontakt allanstapelfeld@hotmail.com

We are looking forward to see you.

With best regards

Esbjerg Atletik og motion.